



EKA

European Knee Associates
A section of ESSKA

ESSKA-EKA All About Total Knee Arthroplasty Course

28-29 June 2024
in Istanbul, Turkey



ESSKA-EKA offers top-rank medical education thanks to experience, expertise and dedication of its faculty.

EKA Faculty



Prof. Reha Tandogan

Course Chairman

EKA Past Chair

*Cankaya Orthopedics Ankara & Dept. of Orthopedics, Halic University
Istanbul, Turkiye*



Bruno Violante, M.D., PhD

EKA Chair

*Director Orthopaedics, Hospital Fatebenefratelli Isola Tiberina
Center for Knee and Hip Reconstructive Surgery and Traumatology
Rome, Italy*



Prof. Michael Clarius

*Director, Dept. of Orthopaedics and Traumatology
Vulpus Klinik, Bad Rappenau
Germany*



Ali Al Belooshi, MD, FRCS, MB

*Consultant, Dept. of Orthopaedics and Traumatology
Clemenceau Medical Center Hospital
Dubai, UAE*



Pawel Skowronek

*EKA Vice Chair, President, Polish Arthroscopic Society
Chairman, SPORTOKLINIK, Orthopaedics and Sports Medicine Center
Krackow, Poland*



Prof. Alan Ivkovic

EKA Board Member

*Dept. of Orthopedics
University of Zagreb, Sveti-Duh
Croatia*



Guillaume Demey

*Lyon Ortho Clinic, Lyon,
President, Lyon School of Knee Surgery
France*



Prof. Mustafa Karahan

*Department of Orthopaedics
Acibadem Atasehir Hospital
Istanbul, Turkiye*



Prof. Burak Beksac

Specialized Hip & Knee Arthroplasty Surgeon
Private Practice
Istanbul Turkiye



Prof. Alper Kaya

Orthopaedic Surgeon, Acibadem University,
Acibadem Altunizade Hospital,
Istanbul, Turkiye



Prof. Baris Kocaoglu

Dept. of Orthopedics & Traumatology,
Acibadem University
Istanbul, Turkiye



Prof. Tahsin Beyzadeoglu

Beyzadeoglu Clinic & Halic University Hospital,
Istanbul, Turkiye



Prof. Gokhan Kaynak

Dept. of Orthopaedics and Traumatology
Istanbul University, Cerrahpasa Medical School,
Istanbul, Turkiye



Prof. Sarper Gursu

Baltalimanı Bone and Joint Diseases Hospital,
Istanbul, Turkiye



Prof. Gokhan Meric

Yeditepe University Hospital,
Department of Orthopedics and Traumatology,
Istanbul, Turkiye



Assoc. Prof. Goksel Dikmen

Acibadem Maslak Hospital,
Department of Orthopedics and Traumatology,,
Istanbul, Turkiye.

Course objectives

ESSKA-EKA All About Total Knee Arthroplasty Course is a comprehensive 1 1/2 -day course covering principles and techniques of knee arthroplasty for surgeons who are performing knee joint replacement and are eager to improve their techniques and patient management.

Programme

Friday 28 June 2024

Welcome & Course Essentials	<i>Reha Tandogan</i>	09:00
Introduction of Faculty & Delegates	<i>Reha Tandogan</i>	09:08
Pre- course Evaluation Kahoot		09:20
Session 1	Moderator: <i>Pawel Skowronek</i>	
Indications and Patient Selection to Ensure a Winner	<i>Mustafa Karahan</i>	09:45
Preoperative Work-Up & Patient Optimization	<i>Gokhan Meric</i>	09:55
Medial Approaches to the Knee	<i>Alan Ivkovic</i>	10:05
Lateral & Extended Approaches	<i>Guillaume Demey</i>	10:15
Discussion	<i>All</i>	10:25
Break		10:30
Session II	Moderator: <i>Michael Clarius</i>	
Systematic Alignment Techniques: Mechanical, Adjusted Mechanical & Anatomical	<i>Alper Kaya</i>	10:45
Kinematic Alignment & Its Modifications	<i>Ali Al Belooshi</i>	10:55
Basics of Flexion & Extension Gaps	<i>Reha Tandogan</i>	11:05
Balancing a Varus Knee	<i>Sarper Gursu</i>	11:15
Balancing a Valgus Knee	<i>Gokhan Kaynak</i>	11:25
Patella Tracking and Resurfacing	<i>Guillaume Demey</i>	11:35
Discussion	<i>All</i>	11:45
Lunch		12:00
Session III	Moderator: <i>Guillaume Demey</i>	
Sawbone Practical Session		13:00
Break		14:30
Session IV	Moderator: <i>Bruno Violante</i>	
CR vs PS Medial Pivot	<i>Burak Beksac</i>	14:45
Mobile vs Fixed Bearing	<i>Pawel Skowronek</i>	14:55
Cementing Technique in TKA	<i>Michael Clarius</i>	15:05
Patient Specific Instrumentation	<i>Guillaume Demey</i>	15:15
Robotics & Functional Alignment	<i>Ali Al Belooshi</i>	15:25
Partial Knee arthroplasty	<i>Michael Clarius</i>	15:35
Discussion	<i>All</i>	15:45
Break		16:00

Session V	Moderator: Alan Ivkovic	
Managing Flexion Contracture	Bruno Violante	16:15
Bone Loss in Primary TKA	Burak Beksac	16:25
Extra-articular Deformity	Bruno Violante	16:35
My Algorithm for a Painful TKA	Pawel Skowronek	16:45
Discussion	All	16:55
Session VI	Moderator: Reha Tandogan	
Case Discussions All Faculty		17:05
Adjourn		17:30
Course Dinner		20:00

Saturday 29 June 2024

Arrival & Change into Scrubs		08:15
Cadaver Lab 1		
Digital Planning with Robotics:	All delegates	08:30
Understanding Implant Positioning and Gap Balancing	Ali Al Belooshi	
Group A	Group B	
Cadaver Lab 2	Lectures	09:00
Lectures	Cadaver Lab 3	11:30
Post-course evaluation	All delegates	14:00
Certification & Farewell	Faculty & delegates	14:30

Content of the lectures:

• DVT prophylaxis	Alan Ivkovic
• Local & Systemic Antibiotics	Mustafa Karahan
• Operating Room Setup: Draping, Laminar Airflow, Avoiding Hypothermia	Baris Kocaoglu
• Management of Bleeding & Tourniquet	Tahsin Beyzadeoglu
• Cementing Technique	Gokhan Kaynak
• Pain Management & Enhanced Recovery	Alan Ivkovic
• Rehabilitation & Follow-up Guidelines	Goksel Dikmen
• Discussion	All

Cadaver Lab Instructors:

Lectures will be presented twice.
Each lecture is 10 minutes, discussion
is 30 minutes

Michael Clarius
Ali Al Belooshi
Pawel Skowronek
Guillaume Demey
Burak Beksac
Sarper Gursu
Alper Kaya
Gokhan Kaynak

Pre-Course Educational Material

Pre-course educational material will be made available to all delegates through the ESSKA Academy

Course venue

Center of Advanced Simulation and Education "CASE"
Acibadem Mehmet Ali Aydinlar University
Kerem Aydinlar Kampusu
Icerenkoy Mah. Kayisdagi Cad. No:32 Atasehir
Istanbul, TURKEY

Transfers

Nearest airport is:

Sabiha Gokcen Airport (SAW, Asian Side): 60 minutes by car
Istanbul New Airport (IST, European Side): 120 minutes by car

Ground transportation*:

Two way airport transfer (Sabiha Gökçen Airport – Hotel – Sabiha Gökçen Airport):
135 € + VAT

Two way airport transfer (İstanbul Airport – Hotel – İstanbul Airport) : 145 € + VAT

Please contact DMR congress services with your flight information if you need an airport transfer.

Recommended hotel

The nearest hotel to the course venue with shuttle service to the cadaver lab is:
Marriott Hotel Asia – Single room 165 €* , distance by car 5 minutes, walking distance 10 minutes

(*: per person, per night, including breakfast & tax)

Other suggested hotels

Radisson Blue Asia: Single room: 160* Euros, distance by car 10 minutes,
(*: per person, per night, including breakfast & tax)

Hilton Kozyatagi: Single room: 170* Euros, distance by car 12 minutes,
(*: per person, per night, including breakfast & tax)

There are no shuttle services to the course venue from these hotels

Participants are free to choose their own accommodation.

Please bear in mind the heavy traffic of Istanbul.



Smith+Nephew

Registration & Course information

Ms. İlke İncekara

E-mail : ilke.incekara@dmrturizm.com.tr

Phone : +90 212 258 50 28

DMR Congress Organization

Seba Office Boulevard

Ayazaga Mah. Mimar Sinan Sok. No:21 / D Blok,
D:44 • Istanbul / Turkey

ESSKA Office

Anna Hansen Rak

Phone : +352 4411 7026

Fax : +352 4411 7678

e-mail : eka@esska.org

www.europeankneeassociates.org

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